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HERE COMES THE SUN

More daylight means more time to roam!

When the days are long, and pastures are lush, our girls know how to make the most of summertime. Each morning, when our farmers open up the barn doors, their hens waste no time hopping outside and into the open pasture.

Ever wonder what they're up to out there? To start, foraging is our hens' favorite pastime. The summer soils are rich, bugs are plentiful, and tall grasses are extra tasty — perfect for a little digging, pecking, and snacking.

When the midday heat settles in, our girls shift gears. You'll find them cooling off in the shade, exploring the forests. Some hop across fallen logs, others roost under leafy canopies, and many indulge in a cool

dust bath to roll, fluff, and shake out their feathers.

During the warmer months, hydration is the name of the game. Our hens drink more water and eat a bit less (sound familiar?). So, if you crack open an egg for your scramble and notice the yolk is a bit lighter than usual, don't worry — it's a sign that our girls are spending their summer out in the fresh air and sunshine, as per usual, with a whole lot of water breaks.



HELP US FINISH THIS STELLA & BELLA CARTOON!

Grab your colored pencils, crayons, or markers, and bring our iconic cartoon to life with a joke of your own! Show off your masterpiece and tag us @vitalfarms!



BIRD OF THE MONTH



Headstrong Helena moves briskly through the pasture, casting a critical eye over her surroundings.

OUR MISSION is to bring ethically produced food to the table by coordinating a collection of family farms to operate with a well-defined set of agricultural practices that accentuates the humane treatment of farm animals as the central tenet.

Do you love cooking with our pasture-raised eggs? Show off your Vital Farms® creation on social and tag us!

   @VitalFarms